

Salah Improvement Action Plan

Academic Preparation:

- Understand the meanings of Salah
- Understand the message of actions and words
- Use different adhkaar/tasbeehaat
- Use different Surahs
- Keep different perspectives of Salah in mind (Privilege, Gratitude, Wassiyah etc)
- Ponder upon the Salah of the pious predecessors (Salaf)

Physical Preparation:

- Reply to the Adhan
- Proper wudhu and dua' afterwards
- Miswaak
- Ensure cleanliness of clothes
- Take care of Satr (use a long length scarf to properly cover wrists etc)
- Try to pray in the early time
- Choose a good place (less noise, arrange for sutrah)
- Take a deep breath
- Dua..... *إِنِّي وَجَّهْتُ وَجْهِيَ لِلَّذِي فَطَرَ السَّمَوَاتِ وَالْأَرْضَ حَنِيفًا وَمَا أَنَا مِنَ الْمُشْرِكِينَ*

Mental preparation:

- Remember the necessity of **اطمئنان** never rush the Salah
- Remember the importance of **خشوع**, make dua for it
- Keep in mind that it might be your last Salah
- Keep in mind that this Salah will be presented before Allah on the day of judgement