

Essentials of Tehfeez Al Quran

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My Journey of Facilitating Tehfeez Al Quran

My Background

Ms in Chemistry

Ms in Environmental
Chemistry

01

My Passion for Kids

Two Hafiz and two
in the process

02

Personal development to
learn Quran, Hifz, tafseer
and teaching children

My Quran Journey

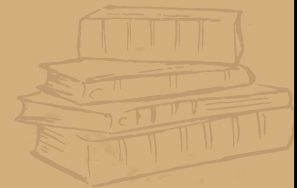
03

04

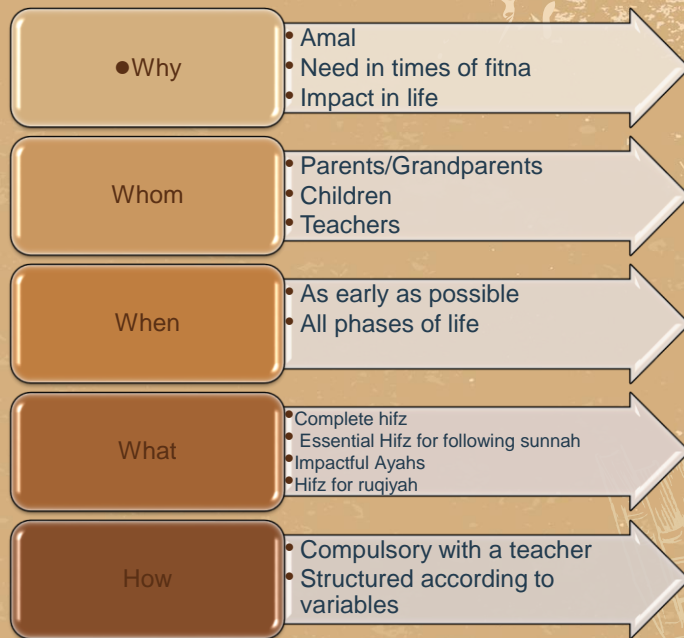
Started 2015

Project maturity

My Tahfeez Setup



Tehfeez Basics

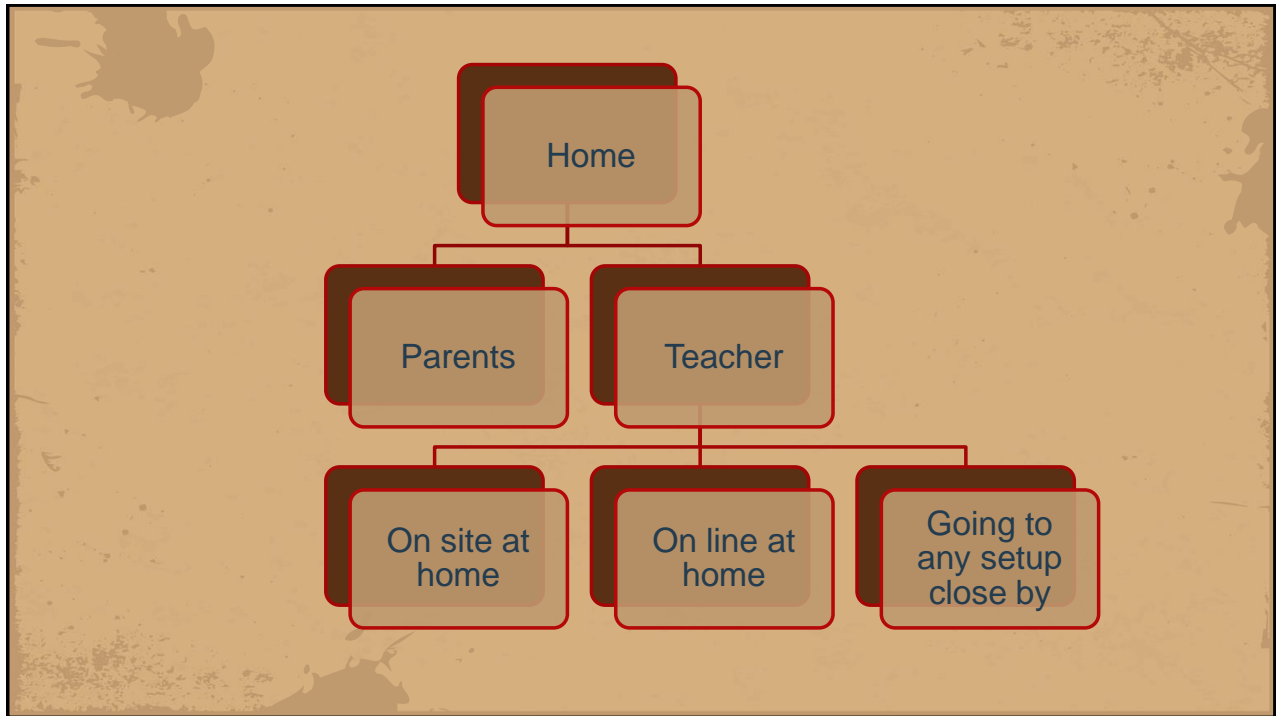


Hifz

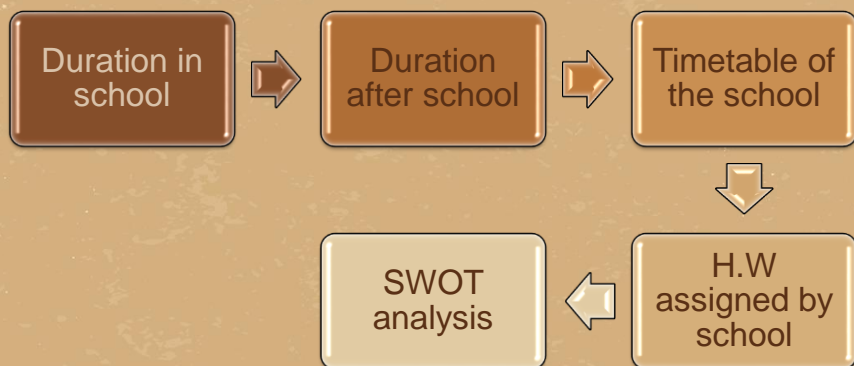
*Structural
Format for
Homeschoolers*

Home

Institute



Tehfeez in an institute



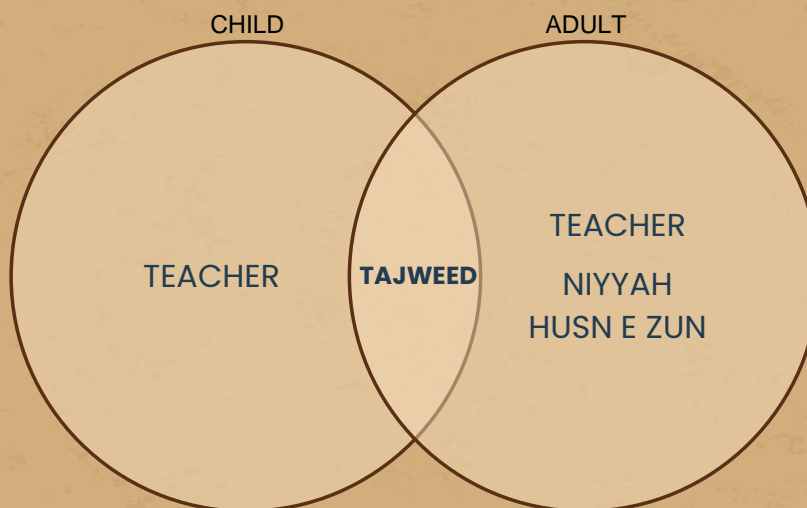
Prerequisites of Hifz

هُوَ الَّذِي بَعَثَ فِي الْأُمِّيِّينَ رَسُولًا مِنْهُمْ يَتْلُو عَلَيْهِمْ آيَاتِهِ وَيُزَكِّيهِمْ وَيُعَلِّمُهُمُ
الْكِتَابَ وَالْحِكْمَةَ وَإِنْ كَانُوا مِنْ قَبْلُ لَفِي ضَلَالٍ مُبِينٍ ﴿٢﴾

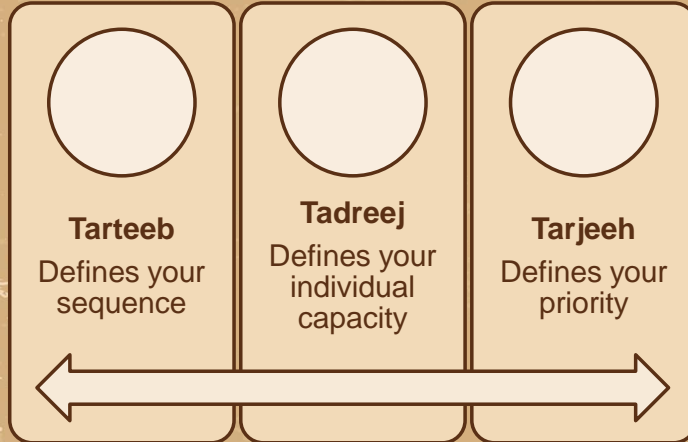
He is the One Who raised for the illiterate 'people' a messenger from among themselves—reciting to them His revelations, purifying them, and teaching them the Book and wisdom, for indeed they had previously been clearly astray—
(Al-Jumu'ah:2)



Prerequisites of Hifz



Essentials of Hifz

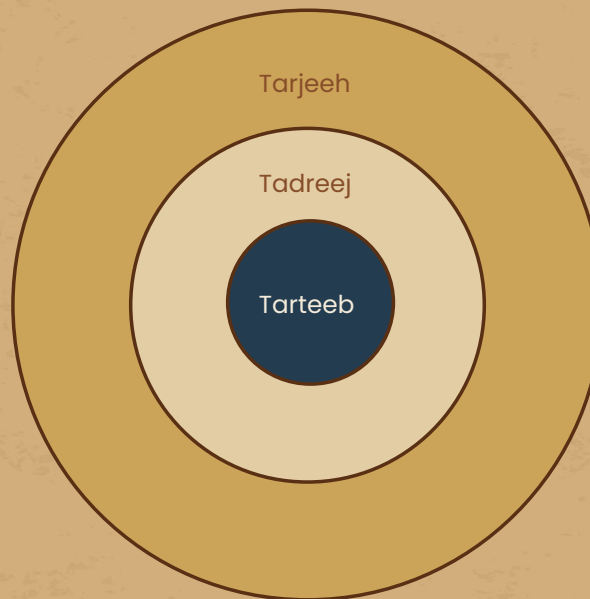


Follow a structure including routine, timetable, pattern

- first revise previous lesson, without pauses and mistakes.
- Then new lesson



Clarity in Priorities



Qualities of a Facilitator

Taqwah

Shukar

Sabr

Istaqamat

Ahtasab

Tawakkal



﴿إِنَّ اللَّهَ اشْتَرَىٰ مِنَ الْمُؤْمِنِينَ أَنفُسَهُمْ وَأَمْوَالَهُمْ بِآثَرِ لَهُمُ الْجَنَّةَ يُقَاتِلُونَ فِي سَبِيلِ اللَّهِ فَيَقْتُلُونَ وَيُقْتَلُونَ وَعَدًا عَلَيْهِ حَقًّا فِي التَّوْرَةِ وَالْإِنْجِيلِ وَالْفُرْقَانِ وَمَنْ أَوْفَىٰ بِعَهْدِهِ مِنَ اللَّهِ فَاسْتَبْشِرُوا بَبَيْعِكُمُ الَّذِي بَايَعْتُمْ بِهِ ۚ وَذَٰلِكَ هُوَ الْفَوْزُ الْعَظِيمُ﴾



Allah has indeed purchased from the believers their lives and wealth in exchange for Paradise. They fight in the cause of Allah and kill or are killed. This is a true promise binding on Him in the Torah, the Gospel, and the Quran. And whose promise is truer than Allah's? So rejoice in the exchange you have made with Him. That is "truly" the ultimate triumph. (AT Tawbah:111)

عَنْ عَبْدِ اللَّهِ بْنِ عَمْرٍو عَنْ النَّبِيِّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ يُقَالُ لِصَاحِبِ الْقُرْآنِ اقْرَأْ
وَارْتَقِ وَرَتِّلْ كَمَا كُنْتَ تُرَتِّلُ فِي الدُّنْيَا فَإِنَّ مَنْزِلَتَكَ عِنْدَ آخِرِ آيَةٍ تَقْرَأُ بِهَا

Abdullah ibn Amr reported: The Prophet, peace and blessings be upon him, said, "**It will be said to the companion of the Quran: Recite and ascend as you recited in the world. Verily, your rank is determined by the last verse you recite.**"

Sunan al-Tirmidhi 2914



اقْرَأْ وَارْتَقِ وَرَتِّلْ كَمَا كُنْتَ تُرَتِّلُ فِي الدُّنْيَا



Essential Red Flags

- No Abuse
 - Verbal Abuse
 - Physical Abuse
 - Emotional Abuse
-
- No shortcuts (Progress with weak manzil)
 - No Change in priority order
 - No acceptance of sabaq with pauses, mistakes and lack of fluency

خدا تجھے کسی طوفان سے آشنا کر دے
کہ تیرے بحر کی موجوں میں اضطراب نہیں
تجھے کتاب سے ممکن نہیں فراغ کہ تو
کتاب خواں ہے مگر صاحب کتاب نہیں

اقبال

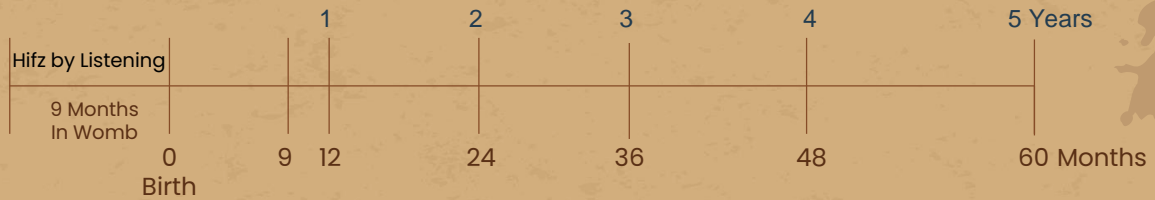
Collective in Nature

اجتماعیت میں کرنے والا کام

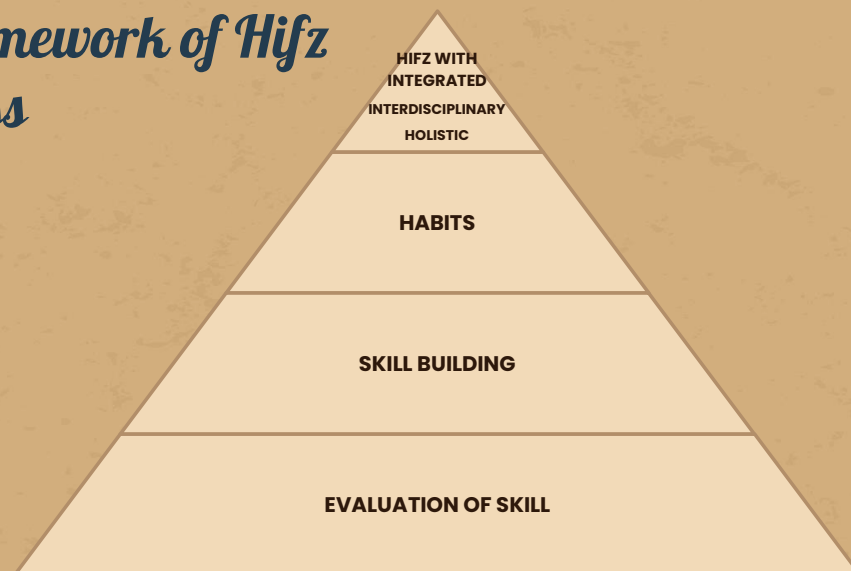
Copying and Modeling

- COPYING ❌
- MODELING ✔️

Timeline till age 5



Framework of Hifz Class



One Possible Structure

No of Days	Sabaq	Sabqi	Manzil
1	1 st line of Juz 1	x	
2	2 nd line of Juz 1	1 line of Juz 1	
3	3 rd line	2 lines of Juz 1	
4	4 th line	3 lines of Juz 1	
5	5 th line	4 lines of Juz 1	
...			
200	200 th line	199 lines of Juz 1	
.....			
299	299 th line	298 lines	
300	300 th line	299 lines	
301	1 st line of Juz 2	300 lines	300 lines of Juz 1

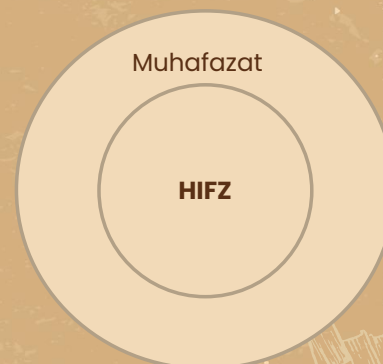
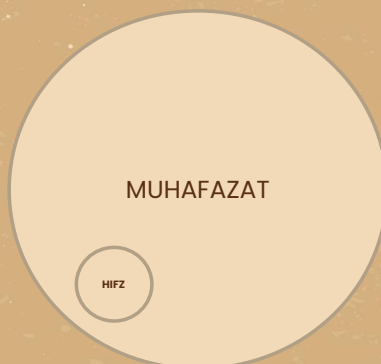
One Possible Structure

No of Days	Sabaq	Sabqi	Manzil
302	2 nd line of Juz 2	1 line of Juz 2	300 lines of Juz 1
303	3 rd line of Juz 2	2 lines of Juz 2	300 lines of Juz 1
.....			
600	300 th line of Juz 2	299 lines of Juz 2	300 lines of Juz 1
601	1 st line of Juz 3	300 lines of Juz 2	300 lines of Juz 1

One Possible Structure out of many personalized structures

- SABAQ : 1 Line
- SABQI : 1 line → 300 lines
- MANZIL : 1 line → Keeps Building
- 1 PARA COMPLETION IN 10 Months (300 days)
- 2nd PARA COMPLETION IN 20 Months (600 days)

Lifelong Commitment



Muhafazat :Periodic recitation to a teacher with fluency without pauses and mistakes
Duration : 30 days for the whole Quran

Anxiety

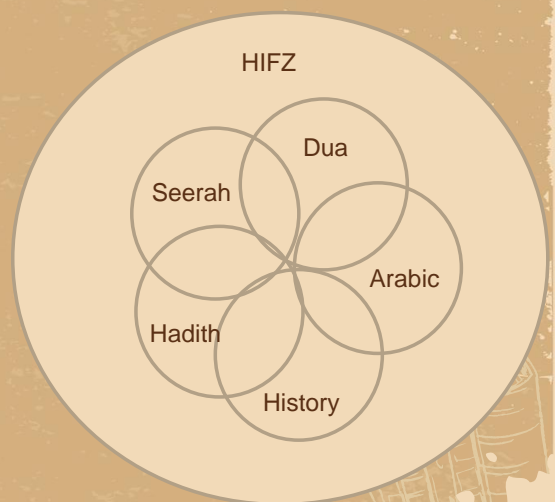
Primary and secondary



Denial
Distortions


Principles

- GRADUAL
- SUSTAINABLE
- SMALL STEPS
- INTEGRATED
- INTERDISCIPLINARY
- HOLISTIC



جَزَاكُمُ اللّٰهُ خَيْرًا

For Any questions
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